



Voyagers would portage two hundred lbs of furs at a time, each weighing 90 lbs. Some could carry as many as five at once. In 1810, James Carter, a local Cree Indian, set a world record portage of 100 lbs of furs for 30 yards at the Thompsons' Portage in the 1800s.

The Pin Flon mine was founded by American prospector Henry Clay Frick. Frick was a Pennsylvania iron and steel magnate who was in the Yukon territory during the Klondike gold rush. He was the first to discover gold in the region.

Phantom Lake was named after a ghostly figure seen in the woods. The lake is located on the northern shore of the Moose River. It is a small lake with a depth of 10 feet.

The Moose River is a major waterway in the region. It flows north from the Athapapuskw Lake area towards the north coast of Ontario. The river is known for its rapids and is a popular destination for canoeists.

By a series of a series of portages, one can travel from the Moose River to the Athapapuskw Lake. The portages are a series of short trails that connect the two bodies of water.

A Muskoka Team, led by Norm Cross and Bill MacIntyre, was the first to portage a canoe from the Moose River to the Athapapuskw Lake. They completed the journey in 1938.

Athapapuskw means 'rock' in Cree. The name of the lake is derived from the Cree word 'Athapapuskw' which means 'rock'.

In May 1810, a Pineau canoe crew crossed the St. Lawrence River. The crew was led by a Pineau and consisted of several men. They were on their way to the Athapapuskw Lake.

The smaller stack, built in 1820, is 20m high. It is a stack of stones that was built by a Pineau. The stack is located on the northern shore of the Moose River.

The Moose River is 100 m wide and 10 m deep. It is a wide river with a shallow depth. The river is known for its rapids and is a popular destination for canoeists.

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Originally called Trout Lake, this was renamed after A. J. Emery, a geologist who surveyed the lake in 1906.

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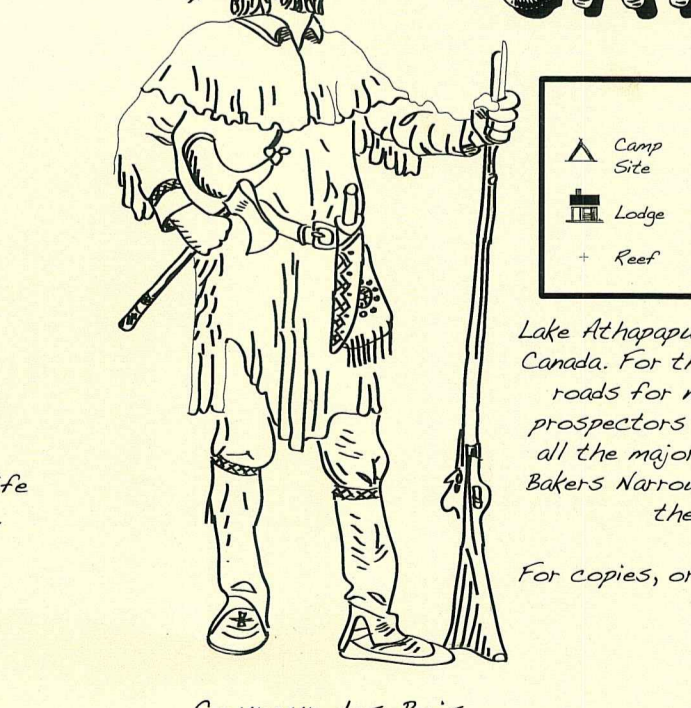
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ROCK ON BOTH SIDES CANOE MAP

Legend
Creek
Lake
Island
Portage
Cree Birch Bark Canoe



Lake Athapapuskw is one of the finest places to paddle in Canada. For thousands of years, it has been a busy waterway for many hunters, explorers, canoeists, and trappers. This region is at the center of all the major canoe routes in north America. Starting at Bakers Narrows, one can paddle to the Pacific, the Arctic, the Atlantic, and the Gulf of Mexico.

For copies, or to suggest changes or additions, please visit: www.athapapuskw.com

Scale 1:40,000

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Called the 'Red River' by the canoeists, this is the primary outlet from Goose Lake, you can paddle east, west, north or south via the Sturgeon and Moose rivers to the Arctic or Pacific Oceans, downstream will take you to the Gulf of Mexico on the Atlantic Ocean.

Goose Lake was originally called 'Le Lac' by the Cree.

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